



Board of Supervisors

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Supervisor Nate Miley to Host Eden Area Senior Town Hall

With a focus on Mental Health, Housing, Food Security, and Technology

Castro Valley, CA: Alameda County Supervisor Nate Miley invites older adults, caregivers, family members, and community partners to attend the Eden Area Senior Action Group Town Hall Meeting on Friday, July 10, 2026, from 10:00 a.m. to 12:00 p.m. at the Castro Valley Library, located at 3600 Norbridge Avenue in Castro Valley. The free community event will provide an opportunity for seniors to share their concerns directly with local leaders while learning about programs and services available throughout Alameda County.

This year's town hall will focus on several issues that significantly impact the well-being and quality of life of older adults, including:

- Senior mental health and social isolation;
- Food insecurity and access to nutritious meals;
- Affordable and supportive senior housing options; and
- Digital technology, including overcoming barriers to accessing online services, telehealth, and communication tools.

"Older adults deserve to be heard, respected, and connected to the resources they need to thrive," said Supervisor Nate Miley. "This town hall is an opportunity not only to listen to the concerns of our seniors, but also to bring county departments and community partners together to provide real solutions. Whether the issue is finding affordable housing, addressing food insecurity, navigating technology, or supporting mental health, we want our seniors to know that Alameda County is committed to helping them live with dignity, independence, and purpose."

Community members are encouraged to attend, ask questions, and learn about the many services available to older adults and caregivers throughout Alameda County.

The event is free and open to older adults, caregivers, family members, and interested community members. For additional information or to RSVP, please contact Jasmine Howard at 510-670-5717 or Jasmine.Howard2@acgov.org.